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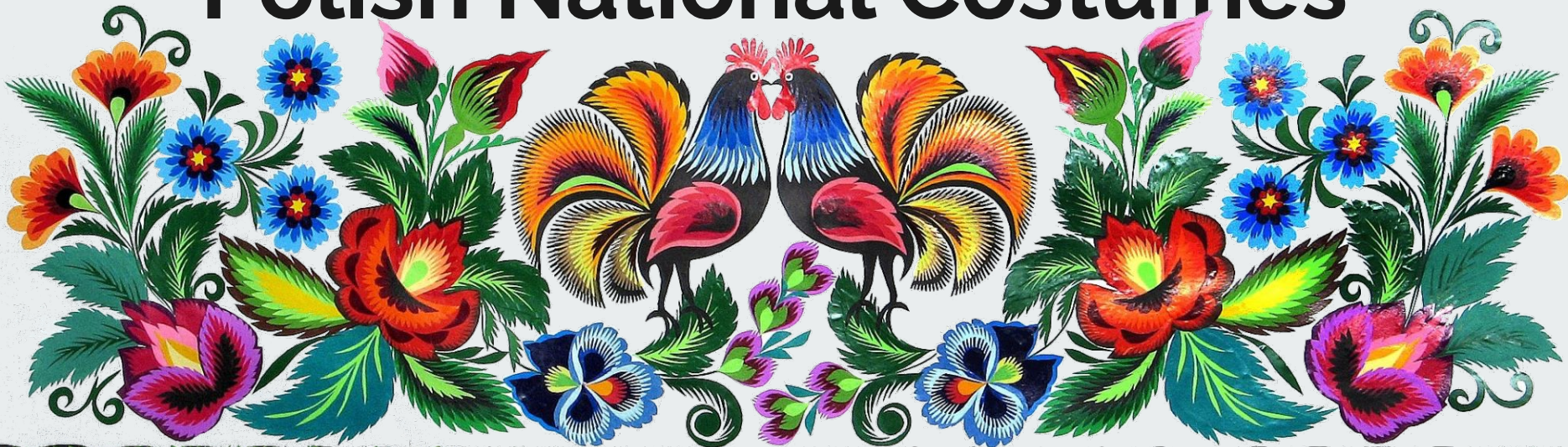


ERASMUS+ PROJECT
“ RECOGNISE YOURSELF IN HE OR SHE WHO ARE NOT LIKE YOU AND ME”



Erasmus+

Polish National Costumes





First something about me!



MALI GORZOWIACY
ZESPÓŁ TAŃCA LUDOWEGO
GORZÓW WIELKOPOLSKI - POLSKA

Hi! My name is Igor, I'm from Poland obviously, and I've been a part of Erasmus+ since the start of the project. The reason why I'm the one telling You about this, is I'm also a dancer in Mali Gorzowiaczy folk dance group from our hometown Gorzów Wielkopolski. You can find me on most of the photos in this presentation:)))



A little history

When we say polish folk costumes what we mean is basically stuff that ordinary people wore for special occasions between XIX and early XX century.

When it comes to reality there really weren't any rules about how the costume in certain region should look like, however most cities and even bigger villages have created their own unique style, and thus can easily be recognized. They would often reflect social and financial status of the person or family. Also despite their formality they still had to be somewhat practical, so for example the ones coming from mountain regions used to be way thicker and warmer.



Enormous diversity

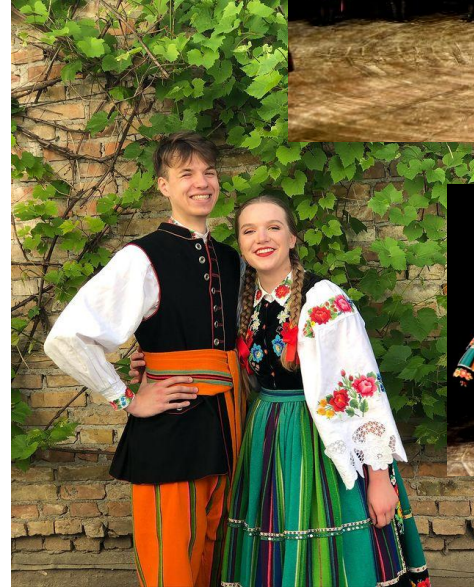
Here on the right you can see the most recognizable costumes with their approximated places of origin. That's only a fraction of them, but now let's quickly cover few from those that I've picked.



Łowicz

In my opinion the most colorful and beautiful out of all national costumes. The most characteristic thing about it are those ornaments in shapes of different flowers.

Interesting fact: Women's woolen dress may weight way over 10kgs :O



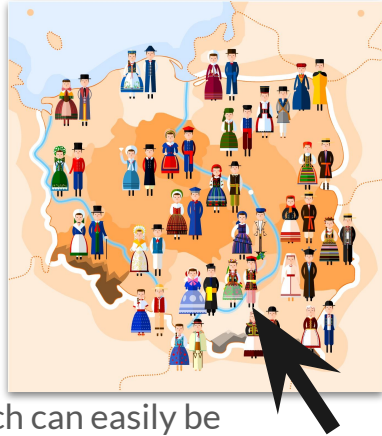
Wielkopolska

This costume comes from “Greater Poland”, which played big role in history of our country, and its place of origin is actually not so far away from our hometown Gorzów Wielkopolski, which unfortunately doesn't have it's own.



Kraków

Used to be one of the wealthiest regions of Poland, which can easily be seen by the amount of ornaments on both women's and man's costumes. The most distinctive element of this one is the man's hat with peacock tail feathers.



Rzeszów

Very simple, yet beautiful costume, and actually my favourite one for now. Not only is it comfortable but also quite light and cool during summer days.



Mountain regions

People living there were used to hard work and even harder weather conditions. That's why they often wore heavy woolen trousers and thick woolen socks. However as you can imagine natural wool is really itchy, so wearing them for a long time isn't really a nice thing.





There is obviously much more to talk about!



We've only covered a little fraction of polish national costumes but those were the most interesting things in my opinion. I wish I will be able to tell You about it in person one day, and if you have like any questions about our culture, feel free to ask me any time!

Thank You for Your time!
Igor Włażlik

